

Advanced Format for Ongoing PRGs — page 1 of 2
from “Help with PRGs” hosted by hopefordebtors.org

PRG Time format — 60 minutes

A best practice is to share your PRG documents prior to the meeting, ideally within 8 to 24 hours before the meeting, with fellow participants, and to allow room for the Higher Power to step in and intervene through the group

- 2 minutes — Pray in, choose timekeeper, housekeeping
- 8 minutes — Current business and professional status (including recent successes) from the person receiving the PRG
- 10 minutes — PRG partners share feedback and questions (4-5 minutes each from the 2 people giving the PRG)
- 2 minutes — PRG topic and desired outcomes — 1 topic with up to 3 desired outcomes for today’s PRG — allow PRG givers to help finetune today’s goals
- 35 minutes — Discussion — work toward desired results, in agreed order, with PRG partners, accomplishing as much as possible in the time available
- 2 minutes — Check in — PRG partners check in with person receiving for current sense of pressure and satisfaction with progress — set next steps for next PRG
- 1 minute — Close with a moment of silence and Serenity Prayer

Current business and professional status/pressures update (including recent successes) — 8 minutes — For the PRG recipient, share with PRG partners what is happening with you and where your pressures are — Some bullet points are sufficient; then you can add context in real time.

Feedback/questions/notes from PRG givers — 10 minutes

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PRG topic and desired outcomes — 2 minutes

Introduce the primary topic for the day, keep it tight and brief, as well as up to 3 desired outcomes or questions you want help in achieving or answering. Here is an example:

Topic — Marketing plan — I am looking for help in creating a new direct mail and door-knocking campaign to help drive business and to create strong channel partners by highlighting them in my marketing materials and outreach actions.

Desired outcomes (answers to the following questions) — 1. Does this plan align to my goals and skills? 2. What additional tools or resources should I be considering to implement this plan successfully? 3. What is your experience, strength, and hope when implementing marketing initiatives to expand or improve your business?

Discussion — 35 minutes

Work with PRG partners towards desired outcome and pressure relief directly related to your topic, creating an action plan to be pursued before your next turn as the recipient.

Notes on desired outcome 1 —

Notes on desired outcome 2 —

Notes on desired outcome 3 —

Check in — 2 minutes

Did we help? Do you feel you made progress toward your desired outcomes? Has your pressure been relieved, or at least decreased? Check date and recipient for next PRG.

Close — 1 minute — Serenity prayer, the best PRGs begin and end on time