



BDA Solvency Immersion Conference

Hosted by BDA Workshops

(BDA members helping BDA members ... and DA members too)

Conference Survey Results

January through June 2026

65% Survey Response Rate

This is a summary of participant surveys for a 26-session intensive cycle of recovery workshops for Debtors Anonymous and Business Debtors Anonymous members who own, operate, manage, or work for businesses, either for-profit or not-for-profit (using conference-approved literature from DA, BDA, and AA and workshop materials developed by active BDA members in 2020 and revised in 2021, 2022, 2024)

THE BDA SOLVENCY IMMERSION CONFERENCE

During this BDA Conference, we covered most of the 12s in DA and BDA — Steps, Traditions, DA and BDA tools, and DA promises (see our contact page at www.bdasolvency.org/contact for downloadable pdfs of each list).

For the primary program principles, tools, and promises, we offered specific applications for DA and BDA members who own, operate, manage, or work for businesses, either for-profit or not-for-profit.

Each numbered set of recovery topics (i.e., Step One, Tradition One, DA Tool One, BDA Tool One, and Promise One) was allotted two workshop sessions.

NOTES: All pictures in this survey report / presentation are stock images. We hold our workshops by zoom video conference, and no pictures are ever taken; we do record audio of our speakers. Our anonymity is vital to our recovery.



The theme for this report is *"People in Motion"*



OUR SURVEY INCLUDES THREE DISTINCT PARTS

- General and Connections
- Cycle Goals and Extracurriculars
- Personal Progress in DA and BDA

We asked a total of 18 questions, including 9 opportunities to give ratings of 1—5 where:

1. Poor
2. Okay
3. Good
4. Great
5. Excellent

OUR NUMERICAL SCORES FOR GENERAL EXPERIENCES



Experiences of *After Party*

(<https://www.bdasolvency.org/about-after-party>)

Rating: 4.3 of 5

86% of 100

B

Experiences of *Fellowship Drop-In*

(<https://www.bdasolvency.org/about-fellowship-drop-in>)

Rating: 4.8 of 5

96% of 100

A

Helpfulness of resources for connecting with fellow conference participants

Rating: 4.9 of 5

98% of 100

A+

Overall scores for part 1: Rating: 14 of 15 93% of 100 A-

Do you have any suggestions to offer to future conference registrants based on your experience, strength, and hope?

Stay to recover! This is a process which truly can be transformative if you stick around to experience all the growth.

Show up and do the work and watch the HP-inspired magic happen.

Focus on solvency and make a commitment to the conference. I found pacing my work throughout the week with a morning meditation and Step work to be the best way to tackle all the information provided. It broke it up into smaller pieces and I could focus on a specific area for the day. All the materials and questions are so helpful in completing the conference.

Yes, be prepared to spend time on the conference each and every day.

Having a notebook or folder just dedicated to the BDA Solvency conference would be helpful! I kept my notes from my responses, feedback from my Step guide, and what I wrote during the meetings. Very helpful to revisit, especially when I face situations in my business!

Make sure to get a Step guide who has time and an interest in the same level of rigor you have, and if the match isn't great then see about asking someone new right away. Sounds like it's the same from Step guides' point of view.



Do you have any suggestions to offer to future conference registrants? — continued



My number one piece of guidance would be that once you register for the conference, you should also intentionally put time in your calendar for at least 3-5 hours outside of the official conference sessions to work on your Step work and fully take advantage of working the Steps with a Step guide. → → → → → If you plan in advance, you will be more likely to succeed. I, for one, spent many hours per week living in worry and frustration and getting nothing done before the conference. It was well worth the time to focus on taking action.

Don't get too overwhelmed with conference materials, start working on it and it gets easier.

My suggestion is to get a Step guide right away and stay on track with the order of the Steps in the conference. There is a better chance of success if you stay on track. Secondly, read the materials, answer the questions, and concentrate on finishing the Steps first instead of focusing on all the tools. Finally, STOP debting as soon as possible — the relief that will come from it is truly the first step to recovery. Do not quit working on the program. The miracle will happen, DO GO to any lengths to get solvency in your life. It is an action program. Remove your fear and emotions, just trust the process and the community as you move forward. Use the resources we provide such as outreach calls and other tools.

The written material is rich and all of it important, do not skip parts because it builds on each part. "Eat the elephant one bite at a time" — concentrate only on what is in front of you. You get back what you put in, go wholeheartedly. You will be glad you did.

NOTE: Our group's 5th Tradition message is solvency first, Steps second, everything else third or later. You will hear this message frequently.

Do you have any suggestions to offer to the steering committee about improving the conference cycle for the benefit of future participants?

Maybe, some operational guidance at the beginning or mid-conference on how to be a timekeeper, what is involved with being a speaker for the conference, what the other positions are and what the commitment is? Maybe this was covered early but I wasn't ready to hear it, so having a refresher near the middle of the conference might help?

[NOTE: This is a very helpful comment. For future reference, please see About Our Service Structure, a page on our website at <https://www.bdasolvency.org/about-our-service-structure>. Except for our whatsapp moderator, a service that hasn't started yet, all service positions have been defined in writing.]

I wasn't able to attend the Saturday workshops due to time zone differences and was wondering if the time might be changed to accommodate international prospective attendees. I really appreciate having the audio files made available and have benefited from using them. So, thank you to all who make this possible.

[NOTE: In late 2023, after several toxic experiences during six-month conference offerings on different days and times, and after much deliberation as a steering committee, when there were more of us, we agreed that we are "Saturday people" and have not reconsidered any other workshop days and times. If anyone wants to discuss the WORK, and it is WORK, of hosting the conference on a different day and time using our workshop materials, please send an email to bdaworkshopstreasury@gmail.com to begin that conversation with the steering committee, including what support we could offer in terms of registration and administration as well as the leadership of the conference and workshops. Thank you.]

Do you have any suggestions to offer to the steering committee about improving the conference cycle for the benefit of future participants? — continued



The new website is in the making, that would have been my suggestion. Clarity around the fact that it is ok to invite other members to join regardless of the conference progress. I usually start outreach only when we will start a new cycle.

[NOTE: Conference registration is ALWAYS open, and new participants are ALWAYS welcome to join us. However, once we have reached the 4s in the conference materials — that is, workshop 8 of 26 — we encourage new participants to slow down and appreciate the process of DA and BDA recovery, rather than rushing to catch up. → → → → → We encourage taking the first three Steps and focusing on solvency, income generation, changing spending habits, securing basic stability, and / or finding serenity despite the amount of debt we owe or any other aspect of our financial situation. → → → → → The conference is here to support every debtor with money who has a desire to stop debting, and there will be another conference cycle. This mid-cycle approach has led to long-term solvency for several of our current Step guides.]

How was your experience of *After Party* (<https://www.bdasolvency.org/about-after-party>)?

I like *After Party* and how it unfolds.

I enjoyed the ones I attended. It makes for a long meeting though and I don't always have the stamina to attend the whole thing.

I love *After Party*, it's great to connect more casually — especially after 90 minutes of intense workshop sharing.

After Parties were generally great when I could attend them. I will note that a few times they went long, and I think it was a little bit difficult to stay fully present and focused. That is why I gave it a 4 instead of a 5.

Always very helpful and insightful. I felt comfortable to bring my questions and to provide my ESH to other attendees.

Very helpful. Releases pressures. Brings clarity around topics. Love the perspectives from all members. Maybe more encouragement for people to stay. I know it is a suggestion but positive reinforcement for members to stay might increase the attendance at it. A special quick share your experience of *After Party* session maybe around Step 2-ish.

My experience in the past of the *After Party* was very positive. It allowed me to get to know other people.





How was your experience of *Fellowship Drop-in* (<https://www.bdasolvency.org/about-fellowship-drop-in>)?

I did not attend any of this for this cycle.

I really enjoyed these meetings and made them a priority in my week. I really needed the mid-week touch point and enjoyed interacting with the participants.

I enjoy *Fellowship Drop-In* when I am able to participate, it's an intimate group and the level of vulnerability makes this an especially safe place to share about challenges and fear.

I rarely attended the *Fellowship Drop-ins* this time around, but hope to get back to it in future

My work schedule/demands did not allow me to attend this cycle. Last cycle, I only missed one session; however, a lot has changed with my schedule this cycle.

Given my job, I have never been able to make it, sadly.

Wish I had attended more.

The *Fellowship Drop-in* in the past allowed me to work on specific things that I needed help with, like the first 3 Steps, it was invaluable.

Were the resources we provided to connect with fellow conference participants — contact list, practice PRGs, *After Party*, *Fellowship Drop-in*, and whatsapp group — helpful to you during this six-month conference cycle?

Yes! They were super helpful and provided multiple avenues for connection and support.

They were all helpful in my journey this cycle.

Yes, all those were beneficial and helpful.

Yes, all resources are helpful.

I feel that I got connected with a good chunk of fellows through all of these means, and I appreciate the effort that went into them

Yes, so very helpful, each resource that I participated in this cycle provided value to my recovery.

These were very strong.

All resources were helpful and on point.

The resources are great.



OUR NUMERICAL SCORES FOR CYCLE GOALS AND EXTRACURRICULARS

WHAT WE'RE OFFERING:

Our emphases for the BDA Conference are helping recovering debtors to immerse ourselves in the abundance of resources available to us in the DA and BDA program, all the resources, while also supporting each other in taking the 12 Steps, one Step every other week for six months. Solvency first, Steps second, everything else third or later ...

While encouraging and supporting our fellows in putting the program to work in our lives, we purposely DO NOT do any of "the work" for our participants or do anything to hold them accountable.

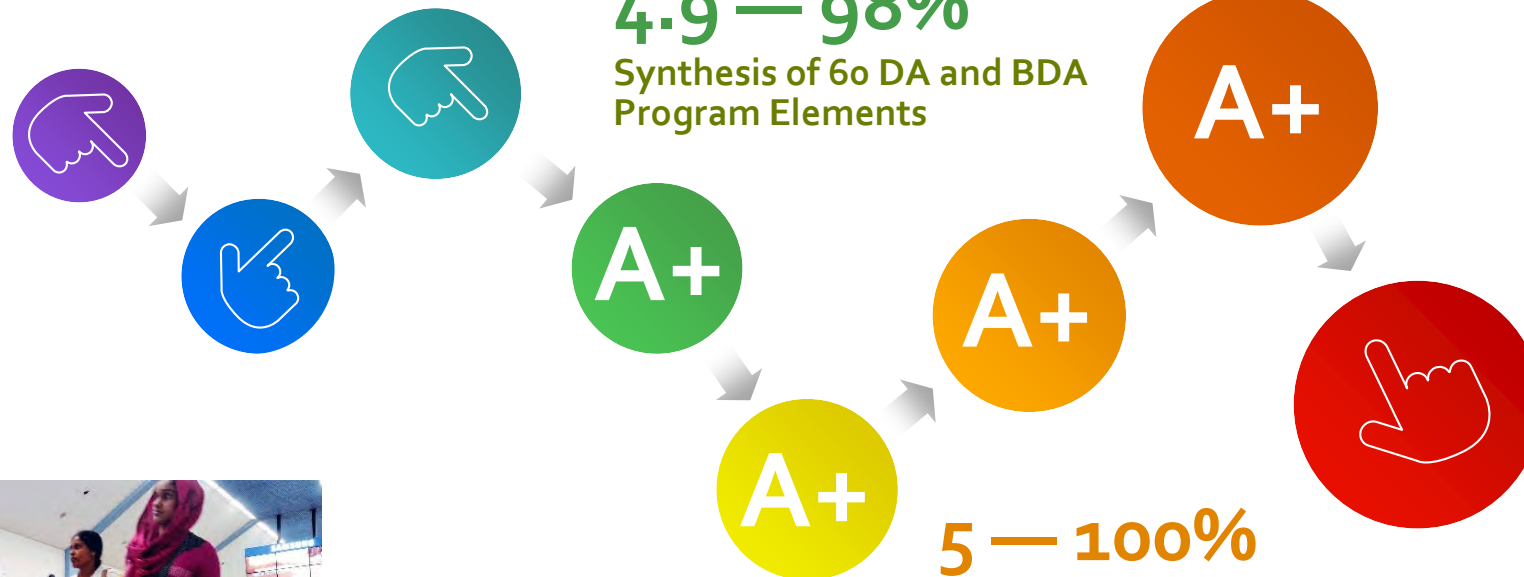
We believe accountability — to the Steps, to the homework, to preparation for workshops — is between each of us and our Higher Powers, and it's our Higher Powers that will connect us with Step guides, study buddies, and so on, if we're honest, open-minded, willing to listen, and praying for that guidance.

4.9 — 98%
Overall Scores for Part 2

4.9 — 98%
Synthesis of 60 DA and BDA Program Elements

5 — 100%
Participant contributions to free literature and public information

4.9 — 98%
Strengthen BDA Fellowship



How did we do on ... connecting the various elements of the DA program with the practical aspects of our BDA approach to doing business, developing a more complete recovery experience using all the spiritual principles, promises, and tools available to us?

This is as much of a complete recovery experience as I have seen in any fellowship. The structured format and all-encompassing focus on DA and BDA Steps, Traditions, tools, promises, and even Concepts create a great recovery experience and multiple opportunities for growth each time I go through the cycle again.

Great coverage of them.

There is so much good information, and the workshop materials are so well-thought out and helpful. (A wealth of information, truly). I give it a 4 because I struggle a bit digesting all of it at once. My focus the first round was all the Step work and guide work. I'd love to learn more about the tools during the next round and maybe a focus group on best practices would help with that?

Yes, the detailed reading each week is top of my list of resources.

Well done! Thank you. 

Best experience I've had in DA so far.

I really learned so much about both DA and BDA and I can honestly say that I was immersed in both DA and BDA. It's so much more important than creating a business plan, which doesn't mean a lot without the spiritual principles, tools, etc.

Very clear with the tools and principles etc. Overviews were great, the question set was good. Having access via Kindle to the tools etc. was unexpected and a good resource. Thoughtfully done.

All the elements are connected. Both DA and BDA members are able to apply the principles equally.

The materials in the conference, plus the recordings, the fellowship, the live speakers, etc. offer a varied, good support for debtors looking for answers, for help. We only get what we are willing to work on ourselves.

How did we do on ... strengthening our BDA fellowship through the Steps, one-on-one support, and connection of national and international members through a focused, committed recovery and sharing environment?

Going through it as a group, being led by those who have already been through the process, is incredibly helpful and instructive. This has been a great source of recovery and support for me in both my personal and business life.

Great opportunities and lots of outreach.

I think we succeeded in this goal. I love the diversity and ESH of all the members.

Well done! Thank you. ❤️

The structure and the community made a huge difference in my recovery.

Received so many benefits from the one-on-one support which I never received in program prior to BDA, I received so much recovery and awareness from the sharing environment and at no time did I feel intimidated in the sharing process.

I'd say a 5 if you could take advantage of it all. Bit like drinking through a firehose — but I knew when I joined that this was an intense, optional program so that is cool.

The study buddies do support connection and outreach calls.

To strengthen our DA and BDA recovery through one-on-one interactions is excellent. It does not matter if it is local or long-distance.



Through registrations for this event, we raised **\$3,333** for outreach to debtors and provision of free conference-approved literature to anyone in North America who asks. How did it feel to contribute to these DA and BDA service efforts? — *Thank you all for your incredible generosity!*

NOTE: Visit <https://www.bdaworkshops.org/treasury-reports> for treasury reports.

Fantastic! Love that we can be generous and yet receive so much more in return! Each cycle this contribution has been easier for me both from a financial standpoint, and emotional, due to the growth I experienced here. It's the least I can do for the gifts that were freely given to me since joining the conference.

Great work by the group on the fundraising.

One of the reasons I joined was because I received the free literature. Having those materials sent to me was literally a life saver. That action alone gave me so much hope. Later I received the Kindle pamphlets and that felt like such a blessing too. It is one of the reasons I give a small amount every month – so others can experience the hope found in the materials and this group.

It was so incredible and so appreciated! I look forward to greater contributions!

This is wonderful, and I'm grateful to know more people have a chance to learn about DA.

It felt great and I hope to contribute to someone else's recovery.

Uh ... if my initial contribution upon signing up helped, then good. I appreciate what was said today about the contribution showing one's willingness and ability to show up for the conference as requested. If not, then I totally missed the boat on contributing more. Fell behind on emails.

[NOTE: Although many of us make additional contributions to our treasury, especially gratitude contributions as we and our businesses and our spirits grow and change, we only request contributions during registration. Once we reviewed our treasury with participants near the end of a conference cycle when we were below our income plan, and the gap was generously made up the same day, but we've only done that once. Thank you for your contributions!]

Happy to hear we raised funds to help us outreach.

The funds raised through registration are very well used. It feels great to contribute to a great cause.

For the fourth time, during this conference cycle, we integrated our “Help with PRGs” workshops into *After Party* on the weeks when we covered the 4s, part two, and the 5s, part two. If you participated, please let us know your thoughts.

I think the Help with PRGs is a great opportunity to experience the framework of a PRG, to do it with guidance and allow further growth in my DA and BDA recovery. It also helped dispel some of the mystery or myths surrounding what a PRG is and what it isn't and allowed another opportunity to connect on a deeper level with my fellows in the conference.

I found them helpful and informative.

I loved the round-robin PRGs. It was fun to learn more about a few people in a smaller setting and share more intimately with our ESH.

The practice PRGs were helpful.

The practice PRGS round robin were EXCEPTIONAL  AMAZING VALUE and CONNECTEDNESS!

It was really helpful being in a safe space sharing and listening to others share pressures and receiving feedback.

I was there for one of these, and it was very helpful and also allowed me to match with the PRG, which I appreciated. In the future, I need to sign up on time.

This was VERY helpful. I had never done PRGs before, so it prepared me and allayed some of my anxiety. And it was practical/tactical and kept my attention.

This is so far my favorite tool in the program. The structure we use is great. I get so much clarity, perspective, and solutions. I participated in a PRG to deal with debt repayment it gave me peace and strategy to tackle my debts. Another one regarding communication with my partner, all members were males therefore their perspective was eye opening for me. Bringing god into my business was enlightening and beyond helpful to remove fears on my personal confidence.

Regarding PRGs, they are a great tool. Incorporating them in the *After Party* is very convenient.

For the fourth time, during this conference cycle, we offered everyone currently participating when we reached the 9s the opportunity to select a helping professional or organization to receive DA's conference-approved books or pamphlets as outreach and public information. We consider this to be practice of the 11th Tradition, funded by our treasury, which includes your registration contributions. Thank you! If you participated, please let us know your thoughts.

I think this is another great way of giving back what's been given and to have the chance to play a direct role in connecting an organization or group that is meaningful to me to support; or even just the idea of pushing myself to find more ways of sharing the message more intentionally. This project allows me to be a part of that, and to do it in an intentional way.

I always enjoy this and find it powerful. In fact, I would prefer to do PI (public information) service or outreach to Step guiding at this time, in addition to my current conference service obligations.

I don't really have a group to nominate, but I like that we do this. Thank you so much for your service here.

My local library comes to mind. I will make a point of enquiring if this would be acceptable.

This is a beautiful project, and I'm grateful for it.

This keeps me moving in the direction of service, which always makes me feel better ...

I tried to participate. Unfortunately, the organization I talked with to display the DA and BDA literature said no. So, I feel bummed about that! I think it's a brilliant initiative!

Enjoyed using the pamphlets vs the books, seemed more practicable and I hope it reaches others in need.

NOTE: Via this 11th Tradition project, we sent 165 of DA's conference-approved pamphlets to 10 helping organizations and professionals. See <https://www.bdaworkshops.org/outreach> for details. We thank our conference peeps for helping to fund and participating in this outreach activity.

For the second time, during this conference cycle, we provided “Support for Step Guides” during *After Party*. If you participated, please let us know your thoughts. Would it be helpful for us to do this again next cycle, most likely on the weeks when we cover Step 2 and Step 6. What do you think?

I think this was very helpful in creating consistency.

Yes, support for Step guides was very helpful.

I think the support for Step guides resources was extremely helpful, and I'm grateful for them. I also appreciate how much it helped me in my first conference cycle as a Step guide.

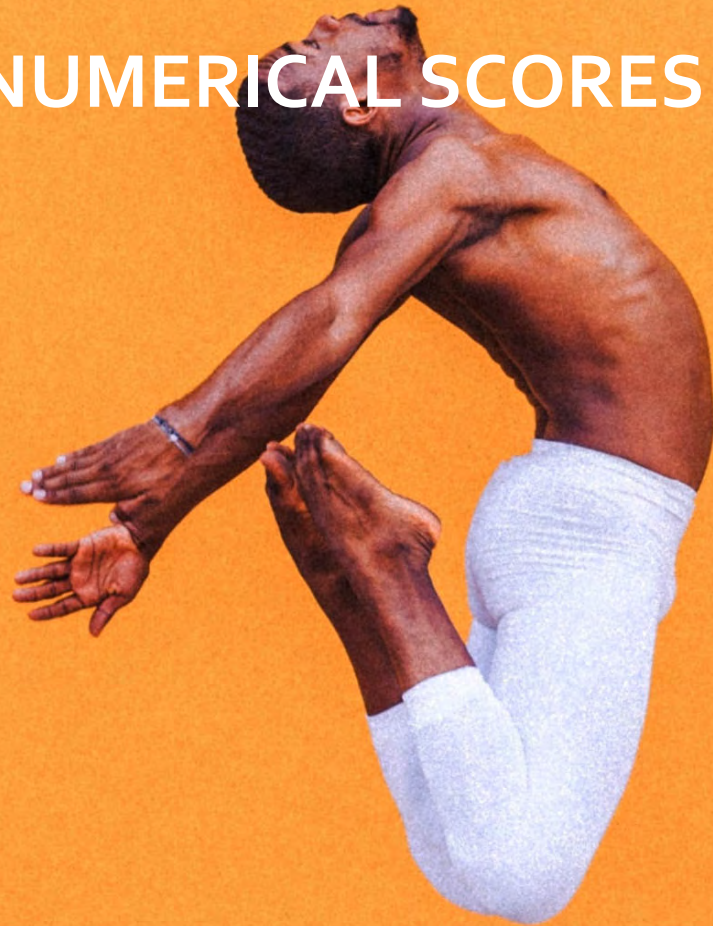
I was able to get my questions answered and to listen to others who are serving in this capacity.

Absolutely necessary to continue and helpful to guide Step guides. Very grateful for the one-on-one support I received to improve as a Step guide.

Support for Step guides was wonderful, this is needed, please keep on doing things like that.



OUR NUMERICAL SCORES FOR PERSONAL PROGRESS IN DA AND BDA



Did you make progress on the Steps?
Did you complete the Steps?

Rating: 5 100% A+

Did we help prepare you to be
a business owner or a more
confident business owner?

Rating: 4.6 92% A-

Did we help prepare you to be a
more confident sponsor or
trusted servant?

Rating: 4.8 96% A

Overall scores for part 3

Rating: 4.8 96% A



Did you make progress on the Steps during this conference cycle? Did you complete the Steps?

Helped me guide multiple people through the Steps while reinforcing my recovery and understanding of the Steps.

Yes, on guiding others.

Yes, I am working on completing my Steps. I don't think I would have done them without this group. Thank you so much!

Helped me guide others. Made progress on my own Step work.

Yes, I worked through Step 10. I made lots and lots of progress!





Did you make progress on the Steps during this conference cycle? Did you complete the Steps? — continued

I have gotten a tremendous amount of help on my personal recovery and also been able to guide someone through their journey, which has been incredible.

Yes, I was able to go through the Steps as a Step guide this cycle which was helpful to review how I responded to the study questions vs. their responses.

I mean, I didn't make the progress I had hoped for, but that is not the conference's fault!

Helped me reinforce my own Steps and allowed me to focus on service by helping others.

The conference helps me in my recovery. Step guiding keeps me in touch and is a never-ending job.

NOTE: Please visit www.bdasolvency.org/taking-the-steps. If you want to take the Steps, please ask us to help. We will.

Did this conference help prepare you to be a sponsor or a more confident sponsor? A more confident trusted servant?

Yes.

Yes, it continues to help me grow in understanding and implementation.

Maybe? I mean, I already deal with other people's financial information and keep that confidential. What it did do was help me personally.

Yes, but I still have a long way to go.

Yes, definitely!

I was able to help someone who I'm watching higher power work a miracle through the Steps in someone's life, and this is very encouraging.

Definitely, a more confident trusted servant by appreciating going through the Steps again and valuing solvency.

Didn't really grow too much here. Do a lot of service work in other programs and I didn't put too much energy into this one, to be honest.

YES. No comments, just YES.

Yes, the conference supports me being a Step guide or a sponsor.

Did this conference cycle help prepare you to be a business owner or a more confident business owner?

Yes!

Yes, the more I learn and implement the more effective I become.

I think it helped me be a better person in general and helped me find my agency and confidence again. I'm still a work in progress (aren't we all) and this conference really helped me to become a better person in general.

Yes, but I really needed to work the Steps again without Step guiding just yet.

Yes, huge leaps! I experienced lots of breakthroughs and new experiences in business, including how to craft the offers, go to networking and visibility events, pitch etc. ... all from a spiritual principle, with Step work and the support of a sponsor!

Things are going quite well in business, and I feel that I am operating with some more sanity than I was previously, but I honestly still have a lot of room to grow. I need to engage more deeply.





Did this conference cycle help prepare you to be a business owner or a more confident business owner? — continued

It has prepared me to be a more confident business owner once I decide to run my business.

YES. The principles are very valuable in my business. The return on investment on expenses was helpful to determine wise decisions, business meetings tool, spending plan and business plans were very insightful and a great guide. Hiring and firing on spiritual principles. Becoming a better leader and the vision of my workplace was a very exciting process to work on.

The conference is very helpful in giving guidance based on fellow members' experiences on our business and our personal lives.

NOTE: Please visit www.bdassolvency.org/taking-the-steps. If you want to take the Steps, please ask us to help. We will.

If you could make changes to this conference *for the benefit of future participants*, what would they be?

Offering different day or time for the main workshops (not sure if that's for benefit of future or just me ...) so not really, no significant changes or ideas come to mind.

I think a tools focus group might be good. → → → → → I did want to point out that one of the conference materials said that 1099s are due in April? They are due January 31 now and that needs updating in the workshop materials. → → → → → Shorter *After Party*?

I would somehow, if at all possible, work out if a more compatible time frame for the conference with *After Party* could be implemented where more international participants could join at a reasonable time of day. I appreciate this is really hard to do and not possible for all.

All things considered, I trust the flow of the conference, and I think it's going quite well. I think it's just in a good place.

I had a hard time navigating the website during the first cycle, but it was much easier this cycle. I would say to take your time with the website and get used to it, so it won't be so overwhelming.

[NOTE: Several of our Step guides are working together to create a new website or websites from scratch, updating the look but, more importantly, improving ease of use and navigation. Thank you to the team!]

I am not sure I want to make changes in the conference. More like helping others finding the conference would be my desire.

Three brief responses: I don't have any at this time. — None, I love this group. — No suggestions to change the conference.



Can you name three things about the conference cycle that you would not want to see changed?

Structure, *After Party* and drop-in, PRG practice.

The structure and format of the hosts and the sharing and calling on people.

The drop in, the conference setting, and the overall format.

Can you name three things about the conference cycle that you would not want to see changed? — continued

The *Fellowship Drop-ins* and accommodating structure, the audio recordings, the free conference-approved literature.

The pace, the written materials, the structure of the weekly workshops.

2 weeks per Step, literature explored in depth, the structure of the weekly conference — sticking to the topics and the questions, in the time given.





Can you name three things about the conference cycle that you would not want to see changed? — continued

The mid-week drop-in, the *After Party*, and the one-on-one Step guiding.

1. The workshop materials are incredible, and outside of some potential evolution of them, I hope that they maintain their role as the core of the conference.
2. The structure and format of the weekly workshops is fantastic.
3. The *Fellowship Drop-in* is excellent as an option on a weekly basis.

Can you name three things about the conference cycle that you would not want to see changed? — continued

The materials seem really good. I like people giving leads on the Step for a couple weeks.

PRG practice, *After Party*, *Fellowship Drop-in*.

Support for Step guides, *After Parties*, PRGs included.



Did we focus enough on DA and BDA recovery in business and at work for your needs and wants? Enough on the spiritual aspects of recovery, which we sometimes refer to as “turning our work and business into a spiritual activity”?

Yes, we covered every facet of recovery beyond what I think are my needs and wants, as well as the continual reminder of the spiritual aspects of recovery. And it's made a world of difference in my life AND my business. 😊

Yes, it was a great balance.

This seemed like DA for people in business, more than BDA. Or maybe that was just my focus?

This (the spiritual aspect / activity) has been such a necessary point of focus because of my past heavy reliance on self will and being the point of all power and strength. I think it needs to be emphasised and reemphasised until it is normalised, inbuilt and foundational to all aspects of running the business. It's all spiritual. It so relieves me of the pressure of “running a business” in “self”. Great to be in a group of like-minded recovering debtors.

Yes.

Yes.

Absolutely.

Yes, it was sufficient and I say that because in DA, I haven't seen it emphasized and when it was/is brought up it seems as if there's no real connection. I definitely appreciate the emphasis on being solvent in our personal life as well as our work life and solvency above everything.

The focus is 100% spiritual not a doubt on that. Every Step and sequence on our materials focuses on the recovery from inside first. I believe that I learned more about myself as a person and a business owner than I have ever learned at any other business program. The principles of spiritual foundation, trust on our higher power and applying all these principles in all of our affairs, especially at work, has changed the way I see my business. I feel healthier, happier, and more on fire to continue a life inviting god into my work.

The conference has been supporting my needs, even when I have been changing.

Are you willing to be a BDA Step guide for the next cycle of conference registrants?

Yes, but only for 1 and I have that spot filled.

Yes, if needed, but would like to be more of a backup.

Yes, I can.

I would like to work the Steps again and take a break from Step guiding.

NOT SURE YET. WE WILL SEE IN THE LAST WEEK HOW IT GOES.

I may have to take this upcoming cycle off due to increasing work requirements, it's difficult for me to commit at this time.

Yes, and I am going to register.

I am not going to continue. With having my kids and other 12-Step commitments on Saturdays, I do not feel like I can commit to going to the conference. However, I do plan to join a local DA group and carry through with things I got jumpstarted on with the conference!

YES.

NOTE: Please visit www.bdasolvency.org/taking-the-steps. If you want to take the Steps, please ask us to help. We will.

During a previous BDA Conference cycle, in 2020, we wrote BDA promises together.

Short form of our BDA Promises, submitted to WSCs 2020 and 2021 for consideration by the BDA Committee:

1. We are committed to our recovery from compulsive debting.
2. We are growing spiritually and are unafraid of letting others know about our recovery.
3. We properly fund our personal lives and live within our businesses' means.
4. We are rapidly becoming free of shame.
5. We focus on learning from our experiences and grow to appreciate both positive and negative feedback.
6. We have positive self-esteem.
7. We can identify and define the contributions we make.
8. We see ourselves as equals with everyone we meet through our jobs or businesses.
9. We charge appropriately for our time and services.
10. We are clear about our limits; we set boundaries.
11. We are engaged in work that is fulfilling and rewarding.
12. We know that we are enough.

We have found that it is only through working the Twelve Steps of Debtors Anonymous that lasting solvency, recovery, and serenity may be obtained for our businesses and ourselves. Until we take all Twelve Steps, these promises for business owners and the other promises of DA will likely remain out of our reach. Please take the Steps and join us in the new life and experience described here.

BDA Solvency Immersion Conference

bdasolvency.org

www.bdasolvency.org/sitemap

www.bdasolvency.org/workshop-overview

www.bdasolvency.org/about-after-party

<https://www.solvency.org/about-fellowship-drop-in>

<https://www.bdasolvency.org/about-our-service-structure>

<https://www.bdasolvency.org/all-da-members-are-welcome-here>

<https://www.bdasolvency.org/lets-leave-outside-issues-out>

www.bdasolvency.org/taking-the-steps

<https://www.bdasolvency.org/tool-tips-for-da-and-bda>

www.bdasolvency.org/contact

Many more pages and resources are available in the registrants-only, password-protected area of our website. Please register and join us!

BDA Solvency Immersion Conference

— Next Cycle Starting Soon —
Saturdays, July through
December 2026

Visit bdasolvency.org for all the
details.

