

My Personal Vision in Words

Dear God, here is my personal vision, this or something better, if it is your will for me:

Spiritual | I have a rich spiritual life filled with 12-step recovery through step work, meetings, and service; regular gratitude, affirmation, and visualization practices; conscious contact with God and my HP through meditation, prayer, journaling, ritual, ceremony, and veneration in nature and my body.

Health Care | I have abundant health care access and excellent medical, dental, and vision insurance with access to the best providers in my area. I attend annual medical and vision check-ups with twice annual dental cleanings. I can access any testing, services, equipment, treatment, and medication recommended to me. I have wonderful mental health access to the best providers I respect and adore, along with other supplemental somatic and holistic energy, emotional, and physical healing support.

Movement and Nutrition | I have delicious, nourishing, fresh, home-cooked meals from my kitchen that are fun and easy to prepare, make, and share with others. I have joyful and relief-filled movement in my life which help promote physical release, relaxation, feeling good, strength, flexibility, endurance, stamina, community, friendship, and fun. This includes physical therapy; embodied movement practices; going out with friends to walking spaces like malls, museums, trails, and parks; going to dog parks and hiking with my dogs; playing PokemonGO, and fun movement spaces like swimming, dancing, and being in nature.

Rest and Relaxation | I have an abundance of rest, relaxation, and pleasure in my life. My routine is filled with activities that promote excellent sleep, nutrition, range of motion, skin care, self care, activate my senses, and make me feel good. I work 32 hours (or less) a week. My life, home, office, and spaces are safe, stable, calm, reliable, relaxing, and rejuvenating. My sleep is plentiful and restful. I'm surrounded by comfort, pleasure, and awe in all areas of my life.

Financial Health and Income | I am financially supported, healthy, stable, and abundant. I love the way I earn my incomes. My career and earning supports the values, impact, and service I want to make in the world. Money flows to me effortlessly in all directions. I'm a phenomenal steward of wealth, resources, land, and community. My income is generous; I graciously accept payment for my services. I have more than enough, a high positive net worth, and am able to share my abundance generously.

Travel and Vacation | My means to take time off and travel are abundant. I'm able to take multiple long weekends out of town for fun, attend multiple retreats a year, and take multi-week long cruises and all inclusive vacations!

Fun | My life is filled with community, close friends, family, and fun where I entertain and host frequently. This looks like paying for movie dates with snacks and drinks; visiting famous museums with incredible exhibits; paying for fancy dinner parties where I can treat the table; host potlucks and serve family dinners with a fully stocked bar at home; host game nights with a great gaming room; host movie nights with great viewing, seating, and snacking options; and have outdoor patio parties with a fire pit and movie screening in backyard with sparklers and build your own s'mores kit.

Self Care | My home, office, and spaces are open, full of natural light, comfort, and pleasure. My space is filled with stunning and well taken care of plants, herbs, and fresh cut flowers. I have massage and chiropractic appointments at least once a month. My massage gun is used regularly between appointments and I give myself a weekly foot bath between pedicures. I regularly manicure my nails and treat myself to a pedicure at least once a month. My hair is always cut and styled the way I want it. My clothes are sustainable, tailored, and conscious fashion that expresses my style and vibe.

Career and Work | I am open to God's will for my career, work, and service. I allow myself to be inspired, supported, and open for God's plan for me in how I'm of service and how I'm compensated for my service. I

wish to be able to explore, experiment, constantly learn new skills, and use my talent and gifts with those I'm meant to serve.

Moving | I move into new spaces with ease. I financially have all I need to cover moving costs including supplies, packing assistance, movers, van expenses, security deposits, rental, and housing costs.

Housing | I easily afford a beautiful home with a stunning view that supports the vision I have for my life filled with entertaining and hosting community, friends, and family. My home, neighborhood, and community nourishes my soul, honors the land and the spirit of home. My home, neighborhood, and community are safe and stable - and my home supports all my habits for a healthy life filled with nourishment, conscious contact with spirit, joy, comfort, ease, and pleasure.

Office | My office has beautiful windows with natural lighting and stunning views of the outside. The space is quiet, contemplative, and awe inspiring - with comfortable furniture and art work. It's large enough for me to work 1:1 with others in person and host small workshops. I have comfortable, ergonomic workspaces to take calls and reliable, high end equipment and technology to support my business. I have space to read, work, keep my books, altar, snacks, and kettle and keep/practice my magical workings.

Vehicles | I easily maintain and pay off my Honda CRV which keeps running comfortably for years. I easily save for a new vehicle for when it's time to replace my current one. I easily learn and get licensed to drive motorbikes. I easily afford a new scooter for around town and love riding around with my corgis.

If this is your will for me, God, please show me the right actions to take on the path toward it. If it is not your will, please redirect my thinking and actions to be the person you would have me be. Thank you, God.