

PRGs!

HOSTED BY BDA WORKSHOPS

HOPEFORDEBTORS.ORG



ALL FOUR SUNDAYS

1:30-2 PM PACIFIC

We will help connect DA and BDA members into short-term, maybe long-term, PRGs.



MARCH 5 AND 19
12-1:30 PM PACIFIC

We will have experienced DA and BDA practitioners of pressure relief groups share how they use this DA tool and then participate in Q&A.



APRIL 2 AND 16
12-1:30 PM PACIFIC

We will “workshop” PRG experiences with participants who volunteer, sharing experience, strength, and hope.



HELP WITH PRGS (ON ZOOM) — *NOT* PRG MARATHONS

Four Sundays — March 5 & 19 and April 2 & 16, 2023

PRGs will meet on their own on alternating Sundays — March 12 & 26 and April 9 & 23, 2023
We'll provide a recommended format and host optional drop-ins on these dates.

MAKE A DONATION VIA OUR WEBSITE TO RECEIVE AN INVITATION TO PRE-REGISTER FOR YOUR OWN PERSONAL UNIQUE VIDEO CONFERENCE LINK FOR ALL FOUR SUNDAYS. PRGS WILL NEED TO HOST THEIR OWN MEETINGS.

Contribution request is \$33 for this multi-part service offering, payable before attendance.

This is not a fee for service; it is a reciprocal contribution to our Literature and PI funds. Thank you!

THESE ARE DONATIONS, NOT FEES. NO PAYMENT PLANS AND NO REFUNDS.

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