

My Personal Vision in Words

Dear God:

Here is my most recent personal vision, this or something better, if it is your will for me:

I will live for another 25 to 30 years, maintaining or improving my health from year to year. Some areas of priority for my health today will become less important to me as I age. Some of the health problems I have today will be resolved or improved upon.

I have good medical care now and will continue to have good medical care as I age. The healthcare providers I interact with will see me and hear me and will provide guidance, including medications, because it's best for me, not because the advice they're giving is frequently best for men at my age or weight or body type or ethnicity, etc.

I anticipate nothing significant happening to me, either physically or mentally, during the rest of my time in this human life. Yet life and accidents do happen. If I am permanently incapacitated, either mentally or physically, I envision a swift and painless end to this life so that I may go on to whatever is next.

To this end — a swift and painless transition from this human life — I have a solid binding will in place, giving the right power over my affairs to the right people in my life. If I am either trapped in my body and unable to function, or if I lose my mental faculties, I want my life to end. I have made provisions in my will for this to happen on my terms, while I am fully functioning and able to make decisions.

As for the end of my life, I am excited to see what's next. I believe in the "big ball of light," my own system of spiritual belief and faith, and I believe that every human death is the return to our source of the energy streams currently being used to provide power to our human bodies. The "big ball of light" is my source of energy and spirit. I believe that when I die, I will return to my true home, my spiritual home. I am unafraid of death.

If my spiritual belief system is false, including any changes to my belief system and faith between now and the end of my life, I hope never to know. My faith and my engagement with my Higher Power give me acceptance, courage, wisdom, and gratitude in this human lifetime, and I anticipate my conscious contact will continue to carry me into and through whatever follows this human life experience.

This is my vision, God. This or something better, if it is your will for me. If this is your will for me, please show me the right actions to take on the path toward its manifestation. If this is not your will for me, please redirect my thinking and actions to be the person you would have me be. Thank you, God.